



Join in the fun as the Melbourne Football Club brings the Australia Post Community Camp to Cranbourne and Pakenham

ON 12 AND 15 OF FEBRUARY 2013

The Demons will be coming to your community soon.
This is how you can get involved:



Open Training Sessions

When: Tuesday February 12, 2013
Where: Casey Fields, Berwick-Cranbourne Rd, Cranbourne
Time: 9.30am-approx 12pm

When: Friday February 15, 2013
Where: Casey Fields, Berwick-Cranbourne Rd, Cranbourne
Time: 8.30am-approx 12pm

Come along and watch the players work hard on the training track as they prepare for season 2013. This is also a great chance to see our new recruits in action on the field. Club mascots Checker and Chuck will be in attendance handing out plenty of free giveaways.

Coach the Coach Session

When: Tuesday February 12, 2013
Where: Pakenham Football Club
Time: 6.00pm-7.30pm

Melbourne Football Club coaching staff will discuss player development, skills and provide advice to local sports coaches.

If you are interested in attending, please RSVP via email to Glenn Balmforth at glenn.balmforth@melbournefc.com.au by Friday 8 February 2013.

Train the Trainer Session

When: Tuesday February 12, 2013
Where: Pakenham Football Club
Time: 6.00pm-7.30pm

This is a great opportunity for local trainers to obtain an exclusive insight into how medicos treat and prepare AFL Footballers.

If you are interested in attending, please RSVP via email to Glenn Balmforth at glenn.balmforth@melbournefc.com.au by Friday 8 February 2013.

